

# **Pre and Post Operative Patient Preparation in Operation Theatre**

## **1. Pre-Operative Patient Preparation**

- Patient Identification and Consent verification.
- Complete medical history and physical examination review.
- Pre-anesthetic checkup and fitness assessment.
- Laboratory investigations (CBC, RFT, LFT, ECG, X-ray etc.).
- Fasting status confirmation (NPO 6–8 hours).
- Removal of jewelry, dentures, nail polish, contact lenses.
- Pre-operative bath and surgical site shaving (if required).
- Vital signs monitoring (BP, Pulse, Temperature, SpO2).
- IV line insertion and pre-medication administration.
- Psychological support and explanation of procedure.
- Shifting patient safely to OT with file and reports.

## **2. Post-Operative Patient Care**

- Transfer patient to recovery room (PACU).
- Monitor airway, breathing, and circulation (ABC).
- Continuous vital signs monitoring.
- Oxygen administration if required.
- Assess surgical site for bleeding or discharge.
- Monitor IV fluids and urine output.
- Pain assessment and analgesic administration.
- Observe for anesthesia complications (nausea, vomiting).
- Maintain proper positioning and comfort.
- Documentation of all observations and interventions.
- Shift patient to ward after stabilization.